

**Testimony before the Appropriations Committee
February 22, 2012
Opposition to proposed cuts to the DMHAS Budget – HB 5014
Cynthia Murray
Second Wind Clubhouse**

Good Evening Members of the Appropriations Committee. My name is Cynthia Murray and I currently receive mental health services from the mental health provider, Community Health Resources, (CHR) at the Enfield, CT location.

I am concerned about the potential cuts that may take place in the Mental Health system. People like me, and especially the young adults, need the help from all the different services in order to maintain their health issues and concerns and lead productive lives.

Please think before you look to take away from the Mental Health system. Please realize we need all the help we can get in order to increase our living standards. We want to be able to live in the community and be productive human beings in our life spans. I realize how hard I have it, but I can just imagine how hard it must be for a young adult needing mental health services today, because I was once one myself.

Mental Illness is a serious illness to live with and to try to be stable within the town or region we live in.

I thank you for your continued efforts for the Mental Health system, but hope that you strongly consider keeping the good things going.

Thank you.